

To Members of the Adventist Midwest Health Community

Welcome

Welcome to “*Life in Balance*,” the home of Dr. Theresa M. Schultz & Associates. We are happy to be of assistance to you via our partnership with Adventist Midwest Health to promote and support the personal and professional well-being of physicians and their family members, through the Physician Support Services (PSS) program. We offer the same level and quality of services to you as to our other clients. In addition to the information in our office brochure, following is some additional information about PSS, including ways in which we have designed specific policies and procedures to best meet your needs.

What is Physician Support Services?

Physician Support Services (PSS) is a confidential, complementary program designed to support Adventist Midwest Health physicians and their families. Consistent with the AHS mission to provide whole person care, this program strives to provide you and your family members with quality care and support, via links to professional resources for emotional and psychological counseling, education, and other related services. Referrals and opportunities for spiritual companionship and assistance are also available. You are eligible to receive any/all of the resources outlined in our brochure, as well as connections to any specific, specialized resources you may require.

Initial Contact

If you are interested in learning more about our services, please call our office at 708-383-3405 and ask for Ms. Helen Jonas. In the event Helen is not immediately available, calls will be returned in a timely manner. When you call, please identify yourself as an Adventist Midwest Health employee or family member of an employee. This is for our mutual benefit, so that

we may streamline your call, and since we know how very important privacy and confidentiality are to you when you seek our services. Helen will answer any initial questions you may have about the practice or our services. If you would like to schedule an initial consultation, Helen will complete a brief intake by phone. The intake commonly entails general contact information, and your reasons for seeking assistance. Scheduling preferences and billing procedures are also discussed. The information obtained in the intake is used to match you with the service provider best suited to meet your individual needs and schedule.

Fees~Insurance Coverage~ Payments & Billing

Fees are the same for you as for any other people served by the practice. However, Adventist Midwest Health provides the initial consultation and five (5) subsequent sessions at no cost to you. Utilization of these services is tracked only by our office. Your identity is not revealed to Adventist Midwest Health. Should you wish to continue after the 6th session, you have the option to use your insurance coverage or pay directly for services, as do our other clients. (Please reference the information in the remainder of this brochure for further details).

Our Other Offerings

As you'll note in the brochure, we offer group work, consultative services, and educational seminars and workshops. We always welcome your suggestions and requests for topics of interest.

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